

Summary of Chapter 4

- Home owners can learn to understand and reduce their energy consumption through reading their electricity, gas and water meters and taking simple actions.
- Likewise they can calculate their carbon emissions from electricity, gas, car(s) and air travel using a simple online web site, a spreadsheet or pen and paper calculations.
- Carbon offsetting is not a viable strategy in most cases.
- The most effective way we can individually combat climate change is to reduce our personal emissions. There are many things we can do that do not result in a less comfortable lifestyle, just in a more intelligent one.