Summary of Chapter 5

- Personal carbon footprints are best reduced by taking the following three steps in the energy hierarchy in turn. These are the LEG procedures described above.
 - Step 1. Lessen demand for energy.
 - o Step 2. Efficient energy use.
 - Step 3. Generate one's own energy.
- Waste is actually a resource that can be used in various ways to save energy.
- It is important, where applicable, to sort waste into the correct waste streams.
- Ideally the world will eventually move to a circular economy where all waste will be re-cycled.